No more than 6 players to 1 instructor more reps, more instruction, more exercise, more fun!



High Intensity Drills

1			per dilli
	<u>LEVEL</u>	<u>Day</u>	TIME
	3.5 Men / 4.0 Women	Monday	5:30 pm - 7:00 pm
	4.0 + Men / 4.5 + Women	Tuesday	5:30 pm - 7:00 pm
	3.5 Men / 4.0 Women	Wednesday	11:00 am - 12:30 pm
	3.0 Men / 3.5 Women	Wednesday	5:30 pm - 7:00 pm
	3.5 Men / 4.0 Women	Friday	9:30 am - 11:00 am
	4.0 + Men / 4.5 + Women	Saturday	8:00 am - 9:30 pm
	3.5 Men / 4.0 Women	Saturday	9:30 am - 11:00 am
	3.0 Men / 3.5 Women	Saturday	11:00 am - 12:30 pm
	3.0 Men / 3.5 Women	Saturday	11:00 am - 12:30 pm

- Must play to level.
- Sign up in advance. Decision to hold/reduce/cancel the class happens 24 hours in advance.
- Cancellations must be made at least 24 hours in advance for a refund.
- Unfortunately, classes missed on your own account will not be made up.



Sign up at the Shellaberger Tennis Center front desk or call...

505.473.6144 www.shellabergertennis.com

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